A Tree’s Water Cycle

Introduction

The main parts of the water cycle include: evaporation, condensation, and precipitation. Trees are part of this water cycle, exchanging water with the soil and atmosphere, in a process called transpiration. The movement of water from the liquid phase at the earth’s surface to the gas phase in the atmosphere is accomplished through evaporation and transpiration. Water is transpired from plants through the trunk, into the leaves and out through the stomata. Together, the processes of evaporation and transpiration together are called evapotranspiration.

The tree water cycle changes throughout the year, especially in the mid elevation range of the Southern Sierra Nevada mountains (5000-6000 ft elevation). Scientists with the Southern Sierra Critical Zone Observatory (SSCZO) (czo.ucmerced.edu/research) have studied evapotranspiration and determined that trees grow year round in this area, and are not limited by temperature or lack of water depending on seasons. The area encompassing the CZO is called the rain-snow transition zone, where winter storms can dump either snow or rain (or both) due to winter temperatures remaining close to freezing (0° C). Trees at higher elevations do not grow very much in the winter due to cold temperatures. Conversely, trees at lower elevations are limited in growth by lack of water and high temperatures in the summer.

Materials

- Print out attached large and small tree water cycle cards. Glue sets of cards on corresponding colors of cardstock. Laminate all cards.
- Label brown paper bags, 1 each of the 6 water cycle stations (roots, atmosphere, soil, trunk and limbs, leaf, and groundwater.)

Subjects
Science

Grade level
K-6

Length of activity
20-30 min

Activity location
Outside or inside

Materials
Large and small water cycle station cards (attached), brown lunch bags, small slips of paper, pencils.
• Cut out small scraps of paper for students to record their journey.

**Activity Description**

• Set up water cycle station cards in a circle, placing the corresponding brown bag at each location.

• Break up class into equal groups and have them line up behind each card, facing the center of the circle.

• Review the main parts of the water cycle.

• Tell students they are pretending to be water molecules, going throughout the water cycle in and around a single tree.

• Explain that each station is a part of the tree’s water cycle, and read off each of the 6 stations.

• Inside the bag are small cards with possible places their water molecule can go. For instance, if they are standing at the soil station, they might pick a roots, atmosphere or groundwater card out of the bag.

• Demonstrate by taking out a card from the bag, put it back in the bag, and go to the end of the line of the card you picked out. Record where you go on the slip of paper.

• When you are ready, tell them to start. After a few minutes, you will see the length of the lines change. What usually happens, is the soil, trunk and limbs, and roots lines will become long and the others will be short.

• When this occurs, have the students stop. Explain or ask them what has happened to the length of the lines. Ask them why this has happened. Explain that there are not an equal # of cards in each bag. The proportion of water in each part of the tree water cycle is not balanced. Most of the water is contained in the soil, trunk, limbs and roots.

• Go back to picking cards for a few more minutes.

• Wrap up as a group by discussing their journeys using the provided answer key.

• Conclusions— This activity has been created specific to the Southern Sierra Nevada mountains. These processes are typical of the summer season and are highly variable. The cycle is not a one way street, water can flow up or down a tree, although the majority of water flows upwards from the roots to the leaves.

**Extensions**

• Ask students to discuss what they think could change parts of the cycle (season, temperature, climate change, drought, etc.)

• Have students research what types of trees live in the Southern Sierra Nevada mountains. Do these trees live at different elevations? How are these trees different from what you see growing where you live?
Answer Key

The answer key below is a simplified representation of the tree water cycle. Tailor your answers to your area, what season you are in, and what age group you are working with.

Leaf – (atmosphere, trunk)

Trunk - When water falls on a leaf, it can be absorbed into the leaf tissues through the stomata. Water absorbed by the leaf can then travel through the limbs into the trunk. There is a very small amount of water that travels this way. Water already available in the leaf transports sugars created during respiration through the limbs into the trunk, and down to the roots via phloem.

Atmosphere - During photosynthesis, water gets released into the atmosphere from the leaves. This part of the hydrologic cycle is called transpiration, and can account for 10% of the water cycle. Therefore, it is an important part of measuring a water balance.

Water drops via precipitation can also hit a leaf during a rainstorm, and re-evaporate into the atmosphere. This is called canopy interception.

Atmosphere – (leaf, soil)

Leaf - Water can come from the atmosphere in the form of precipitation, hit a leaf, and re-evaporate by the process of interception. A small amount of this water can be absorbed back into the leaf tissue through the stomata.

Soil - Water can hit the ground during a rainstorm and be absorbed into the soil.

Soil – (roots, atmosphere, groundwater)

Roots - Water in the soil can be absorbed by tree roots.

Atmosphere - Water in the soil can be transported back into the atmosphere through evaporation.

Groundwater – Water in the soil can infiltrate into the groundwater.

Groundwater – (soil, roots)

Soil – Groundwater can move upwards into the soil by capillary forces.

Roots – Some tree species with vast root systems can reach deep into the ground below the soil layer into the groundwater.

Roots – (soil, groundwater, trunk/limbs)

Soil – Water can be expelled from roots back into the soil by a process called root exudation.

Trunk/limbs – The majority of water absorbed by tree roots will move up the tree trunk and limbs through the Xylem.

Groundwater – A very small amount of water released from tree roots could bypass the soil and go directly into the groundwater.

Trunk/limbs – (leaf, roots)

Leaf – Water from the trunk travels up into the limbs and eventually to the leaves through the Xylem tissues.

Roots – Water flowing downwards from the trunk and limbs towards the roots moves through the Phloem, carrying nutrients and sugars with it.
Leaf
**Corresponding Leaf Cards**
Back all cards with green cardstock
10 total cards
Card proportions: 8 atmosphere, 1 leaf, 1 trunk and limbs
Trunk and limbs
**Corresponding trunk and limbs Cards**

Back all cards with orange cardstock

10 total cards

Card proportions: 6 leaf, 3 roots, 1 trunk and limbs
Roots
**Corresponding roots Cards**
Back all cards with purple cardstock
10 total cards
Card proportions: 7 trunk and limbs, 1 soil, 1 groundwater, 1 roots
Atmosphere
Corresponding atmosphere Cards
Back all cards with blue cardstock
10 total cards
Card proportions: 7 soil, 1 trunk and limbs, 2 leaf
Soil
Corresponding soil Cards
Back all cards with red cardstock
10 total cards
Card proportions: 2 atmosphere, 1 soil, 1 groundwater, 6 roots
Groundwater
Corresponding groundwater Cards
Back all cards with red cardstock
10 total cards
Card proportions: 5 soil, 2 groundwater, 3 roots